

Dear Parent/Guardian,

We appreciate your continued partnership as we navigate the changes to isolation and quarantine guidance over the last several weeks. Lake Washington School District is aligning our isolation and quarantine guidelines to align with the recently updated Washington Department of Health guidance. These changes will take effect on **Monday, January 24th**. Please read updated guidance and next steps:

If my student tests positive for COVID-19: Please notify the school right away.	<ul style="list-style-type: none">Students who test positive will need to isolate for 5 days after symptoms start or 5 days from the test date in case of no symptomsSymptomatic students who have tested positive can return on day 6 provided that symptoms are resolving, and they have been fever-free without medication for 24 hours.Students who have accommodations that allow them to attend school without consistently wearing a well-fitting mask must stay in isolation the full 10 days.	
If my student becomes a Close Contact to a positive case: Please notify the school right away.	And they are fully vaccinated (defined as 2 weeks after last dose): <ul style="list-style-type: none">If student has no symptoms, the student does not need to quarantine and can continue coming to school.If student becomes symptomatic, then they should stay home and seek testing.	And they are not fully vaccinated: <ul style="list-style-type: none">Students who are close contacts and not fully vaccinated must quarantine for 5 full days (Days 0-5) from last exposure, test on day 5, and can return to school on day 6 or later when a negative test result is received.Students within same household will need to quarantine for 10 days and get a negative test to return on day 11 or can return on day 15 without additional testing.Students should continue monitoring for symptoms and wearing a well fitting mask through day 10 both in and out of school.
If my student has symptoms but no known exposure: Please notify the school right away.	<ul style="list-style-type: none">Students with a single symptom from this list that begins and resolves in 24 hours, may return the next day without additional testing: headache, sore throat, fatigue, nausea, vomiting diarrhea, congestion or runny nose.Students who have multiple symptoms, a single symptom that doesn't clear within 24 hours, or a single symptom that isn't eligible for single symptom (ex: fever, cough, etc) should stay home and seek testing. Students may return with proof of a negative test.Students who choose not to test will need to isolate for 5 full days from the onset of symptoms (Day 0-5).	

If your child is currently out of school as a close contact or positive case and the updated guidance will change their safe return date, Lori Pierce or Sandy Dennehy will reach out to determine if your child is eligible to return to school on Monday under this guidance. Given the volume of positive cases and close contacts we have experienced over the last several weeks, we appreciate your patience as we work through this with individual families to review return to school information.